



Minutes

Mental Health Advisory Council Tuesday, November 09, 2021, 2:30, Zoom

Attendees:

Members:	☒ Carl Harju	☒ Commissioner Mark Daleiden
☒ Cathy Elfstrand	☒ Eric Nagel	☒ Sandra Greninger
☒ Stephanie Barnes	☐ Mary Sodergren*	☒ Tammi Dahlman
☒ Tina Sklors	☒ Jim Becker	☐ Caroline Malone*
☒ Dallas O'Dell	☒ Katie Zehowski	☐ Samantha Bavage
		*= excused absence

HHS Staff Attendees: Jill Pooler, Tarynn Anderson, Keith Bennett, Lori Blaukat

Other Attendees: Bethany Oberg - CAMHI, Krissy Eich - FII, Mary Jeanne Bruns - Wellness in Woods, Dana Seelen - Nystrom & Associates, Alisa Ledoux – Salvation Army, Jennifer Jiang – BCBS, Shannon Chilson – St. Cloud CMMCH, Stacy Doyle – Victim's Assistance WCSO

1. Welcome and Introductions
 - a. New Members
 - Dallas O'Dell
 - Samantha Bavage – not present
 - Caroline Malone – not present
 - b. Tarynn Anderson – New Wright County HHS Youth Services Supervisor
2. Approval of the Agenda
 - a. Motion made by Commissioner Daleiden, second Tammi D., - motion passes
3. Approval of MHAC Minutes from 09/14/2021
 - a. Motion made by Cathy E., second Katie Z., - motion passes
4. Sub-committee reports
 - a. Mental health support for farmers – Eric N.
 - MN Farm & Rural Help Line 833-600-2670 Text: FARM Stress to 898211 (Eric)
 - Eyes on the Horizon (MN Company) – Bethany O.
 - Bethany will look into these programs and also contact DHS about crisis supports for farmers to bring back to the group next meeting
 - b. Suicide Prevention Grant Update – Keith B.
 - Beginning trainings next month
 - Working to contract with someone internally initially
 - Hoping to expand within community in 2022
 - Training is focused on specific groups (schools, clinics, first responders). Not a community invite at this point.
 - c. MAPP – no update
5. Unmet Needs and Possible Solutions Discussion
 - a. Community staffing shortages creating multiple and deep impacts
 - Services unable to be provided by community providers, creating gaps in service for clients

- Staff workloads in all areas are high and staff are burning out, creating disengaged staff
- b. Shortage of mental health facilities and capacity to meet community need
 - MACSSA and AMC are both attempting to move legislative position statements forward in this area
- c. Transportation – Staff shortage is impacting this area as well
 - Trailblazer Board is attempting to address the issue of unpaid time during the delay to get a bussing driver's license – working to increase hiring staff
 - WCCA is also struggling to fulfill volunteer driver rides
- 6. Action Items – None
- 7. Information Sharing/Other
 - a. WC Public Health – Keith B.
 - KOGNITO – Virtual platform for 1:1 support
 - Silva Cloud – Virtual platform
 - b. CAMHI – Bethany O.
 - Doing virtual trainings again for a bit due to COVID rise
 - Openings for individuals who would be interested in serving on the CAMHI Advisory Committee as Consumer Advocates. Letters of interest are being accepted for Wright County residents with lived experience. There is a stipend as well as mileage reimbursements. Send questions to Bethany.
 - c. CMMHC – Stephanie B.
 - Recruiting for Citizens Advisory Committee. Group meets quarterly and has mileage reimbursement. Applications are on Board of Director's website.
 - d. Nystrom & Associates
 - New residential treatment facility has opened in Big Lake.
 - e. Functional Industries – Krissy E.
 - Rod Pederson is retiring. Lisa Swart will be the President and CEO. Rod will stay on to provide consult.
 - f. Wellness in the Woods – Mary B.
 - Virtual SUD support group on Friday nights 7pm
 - Peer Support sessions run 7 days a week 10 – 1 and 1 – 4pm. See online calendar / Facebook (also on CAMHI's website)
 - g. BCBS – Jennifer J.
 - Upcoming training: Cultivating Inclusion in Hospitals and Health Care Settings Summit. This is for health care and frontline workers.
 - NEAR Science Training has been expanded due to continued demand
 - h. WCCA – Eric N.
 - Working to establish caregiver consulting services to provide individuals the help they need when they are caring for loved ones
 - Reminded group about their home visiting program hoping to reduce isolation
- 8. Meeting Adjournment
 - a. Motion to adjourn made by Sandy Greninger, second Katie Z., - motion passes