

Attendees:

Members (marked box indicates Present):

☐ Angela DeOtis (Absent)	☒ Linda Carlson
☒ Ann Bajari	☒ Mark Daleiden
☒ Bonita Bryant (Vice Chair)	☐ Marlene Kittock (Absent)
☒ Christine Misati	☐ Melissa Pribyl (Excused)
☒ David Nelson	☒ Mona Volden
☐ Dr. Eric Bailey (Excused)	☒ Nick O'Rourke
☐ Jenna Kopp (Absent)	☒ Toni Seroshek (Chair)
☒ Dr. Jennifer Ray-Mader	

HHS Staff Attendees:

Abby Wacker	Kelsey Collier
Joel Torkelson	Patty Larson
Jon Young	Sarah Grosshuesch
Keith Bennett	

Guests/Other:

Brad Gangnon	Michelle Wiebe
Dr. Kim Tjaden	

1. Call to Order—The meeting was called to order at 9:00 a.m. by Chairperson, Toni Seroshek.
2. Introductions were made.
3. Approval of the Agenda and the April Minutes
 - a. Motion to approve Agenda by Ann Bajari, second by Bonita Bryant.
 - Addition to 4. f. Add Action item to request two PHTF members to serve on the Wellbeing RFP Review Committee by Jon Young
 - b. Motion to approve November Minutes by Ann Bajari, second by Dr. Jennifer Ray-Mader.
 - c. Vote-All members approve of Agenda and Minutes.
4. Presentation and Discussion Items
 - a. Scorecard-*Joel Torkelson*
 - b. Community Needs Assessment Survey-*Joel Torkelson*
 - Community Health Survey Results handout given
 - (a) 2021 – Top 5 Issues in Wright County – Adults Opinion
 - ◆ Distracted driving.
 - ◆ Obesity.
 - ◆ Other mental health issues such as anxiety, panic attacks, memory loss, Alzheimer's, or another form of dementia, etc.
 - ◆ Use of e-cigarettes/vaping of nicotine products.
 - ◆ Depression among adults.
 - (b) Top 5 Answers – Adults experiencing any loss related to COVID-19

- ◆ Social connectedness.
- ◆ None.
- ◆ Recreation or entertainment
- ◆ Exercise opportunities.
- ◆ Regular school routine.

(c) General Health Status and Behaviors

- ◆ 92% of adults reported their health as good/very good/excellent.
- ◆ 8% of adults reported being smokers.
- ◆ 13% of adults reported any tobacco use (including e-cigarettes, smokeless cigarettes, cigar)
- ◆ 71% of adults reported any alcohol use in the past 30 days.
- ◆ 36% of adults reported any binge drinking in the past 30 days.
- ◆ 29% recalled ever being told by a doctor that they had any mental health problems.
- ◆ 54% reported at least one day of not good mental health in the past 30 days.
- ◆ 15% of adults reported that they worried about food running out during the past 12 months.
- ◆ 37% reported consuming 5 or more servings of fruits/vegetables a day.
- ◆ 26% reported 30 minutes or more of moderate exercise 5-7 days per week.
- ◆ 65% of adults reported getting at least 7 hours of sleep on average each night.
- Every three years since 2012 there has been a community health survey done. Since 2015 the survey has been done with Allina and CentraCare. Since 2018, we have done it along with Wright County Community Action as well.
- The last survey was put out late October 2021 through January of 2022. The survey has been expanded tool to 54 and 8 pages. The previous survey 2018 was 4 pages long.
- 8,000 surveys were sent out (1,600 per district). We received 1,550 survey, response rate just under 20%.
- If you are interested in more information, feel free to contact Joel Torkelson at joel.torkelson@co.wright.mn.us

c. Dental Center Update-*Sarah Grosshuesch*

- They have been doing some hiring of staff.

d. Home Visiting Program-*Kelsey Collier*

- We have one evidenced based home visiting program called MESCH (Maternal Early Childhood Sustained Home-visiting). We also have two evidenced based trauma informed parenting programs called Circle of Security and the other one is Nurtured Heart. We are currently getting a few more staffs trained in on those programs.
- We have been taking more child protection referrals.
- We do continue with our four-county home-visiting collaborative Benton, Stearns, and Sherburne. We call that collaborative First Steps Central Minnesota, and we are reapplying for a grant to continue to support that collaboration. We apply in June and will find out later this fall if we receive this grant.
- We have ramped up our outreach efforts and have recently had a meeting with CentraCare about making universal referrals to all pregnant women.
- Handout with current caseload given.

e. Family Planning-*Abby Wacker*

- Handout of Family Planning Rack Card.
- We are applying for the Family Planning grant again. The Family Planning grant is through Minnesota Department of Health with 3% of Federal funds involved in that. It is designed to increase access to birth control methods for people who don't have insurance, have a high deductible, or don't want their policy holder to know that they are accessing care. The way we operate our program is by contracting medical services with local clinics. So, we currently have a contract with Stellis Health and are in the final phases of implementing a contract with Allina in Cokato and Annandale. Our hope is that people don't have to travel so far for their medical care. We also have contracts with local pharmacies to pay for any anti-infectives or birth control methods that are prescribed at those appointments. So, looking to have contracts with the pharmacies in the town that the clinics are located in as well. We can help people with transportation costs by utilizing Trailblazer as needed. What we have found with that is that our hours of operation don't always align with the availability of clinics so that has been a challenge for us. We also cover testing for sexually transmitted infections and treatment of those. We cannot cover any treatment for HIV. That is paid through other programs within the state, so we refer people out for that. Most of the people who use our program are also looking for other services, so we make a lot of referrals within our agency as well as to other local organizations, mainly Rivers of Hope and Central Minnesota Sexual Assault Center. We also have a contract with the Wright County Jail, so we pay for STI testing and treatment there and a reproductive health exam as needed or requested by people at the jail.

f. Wellbeing Update-*Keith Bennett*

- Wright County has a Suicide Prevention Training Grant. There is one year left of it so highly encourage if there is any organization or group that would like training in suicide prevention, QPR (Question, Persuade, Refer) or Safe Talk, we offer those so please contact Keith Bennett at keith.bennett@co.wright.mn.us. Those can be in person or virtual, specifically QPR. They can also be for youth or adults.
- Keith has done multiple trainings throughout the county:
 - (a) Wright County 4H for the youth
 - (b) Monticello School District
 - (c) Howard Lake School District
- Question: How long are the trainings?
 - (a) QPR is about an hour to an hour and a half.
 - (b) Safe Talk is about 3-4 hours.
 - (c) Hopefully in the long-term future we can provide ASIST (Applied Suicide Intervention Skills Training) which is a full day training.
- Wright County Health & Human Services is initiating a Community Mental Wellbeing request for referrals. This is projects relating to some sort of promoting of community mental wellbeing. It needs to be sustainable. It has to be something with policies, systems or environmental changes. Individuals or groups can apply. This entire initiative is being funded by Statewide Health Improvement Partnership (SHIP). We are having up to \$100,000 so each applicant can request up to \$10,000 for community mental wellbeing project. There is a QR code that will bring you to a Wright County website that will have the information you will need as well as the application. Applications are open from May 2, 2022, through May 27, 2022. We'll have an RFP informational session via Teams on May 18th at 1:00 p.m. The link for that session will be on the website as well.
- Keith gave a tutorial about the website.

- We would like two Public Health Task Force members to serve on the review committee for this project. If interested in this, please contact Keith Bennett, Jon Young or Sarah Grosshuesch. Ideally would like to have a review committee together by Friday, May 20th.

5. New Business

- a. None.

6. Old Business

- a. Ann and Sarah had their first meeting, commissioner Daleiden was part of that, with the Environmental Health Planning meeting where we were determining how we were going to go forward with our programing. Will give an update at the August meeting.

7. Other

- a. Meetings going forward will be some sort of a hybrid meeting.
- b. The Opioid Bill passed the house and the senate. It goes to the governor's desk for signing. That assures that the settlement is a 75/25 split between local municipalities, counties and cities and the state with counties and cities getting 75%. It is population based.

8. Agenda Items for the Next Meeting, June 13, 2022

- a. Dental Center
- b. CTC (Child & Teen Checkup)
- c. 2021 Deliverables and Strategic Plan Update
- d. Wellbeing RFP Update
- e. Legislative Update

9. Adjourn

Motion to adjourn by Dave Nelson, second by Mark Daleiden.

Adjourned at 10:20 a.m.

pl/sg