



Minutes

Mental Health Advisory Council
Tuesday, September 13, 2022, 2:30, Zoom

Attendees:

Members:	☒ Carl Harju	☒ Bradley Gangnon
☒ Cathy Elfstrand	☒ Dallas O'Dell	☒ Sandra Greninger
☒ Stephanie Barnes	☒ Breanna Heintzelman	☐ Tammi Dahlman*
☐ Caroline Malone*	☒ Commissioner Mark Daleiden	☒ Joycelyn Alexander

*= excused absence

HHS Staff Attendees: Gretchen Backer, Keith Bennett

Other Attendees: Dan Schaeppi, Jode Freyholtz-London, Sam Major, Alisa Ledoux, Sara B., Dana Seelen, Katie Vabrick, Hannah-Ruth Patterson, Bethany Oberg, Molly Hayen, Eric Moore

1. Welcome and Introductions
2. Approval of the Agenda (any additions)
 - a. Motion made by Mark D., Second by Sandy G., motion carries
3. Approval of MHAC Minutes from 07/12/2022
 - a. Motion made by Mark D., Second by Cathy E., motion carries
4. Sub-committee reports
 - a. MAPP – Public Health Representative
 - MAPP (Allina Health, Centra Care, Wright County Public Health, Wright County Community Action) is changing their name to WCCHC (WRIGHT COUNTY COMMUNITY HEALTH COLLABORATIVE)
 - WCCHC have made a draft of their CHIP (Community Health Improvement Plan) for 2023-2025. This plan is using our latest (2021) community health needs assessment and healthcare data to guide it. A final draft should be shared with the public by year's end.
 - Wright County Public Health will be creating a community health improvement plan for itself to guide its work and programming for 2023-2025. It will be shared with county commission and public January 2023.
 - b. Suicide Prevention Grant Update – Keith B.
 - In the last year of the suicide prevention training grant
 - 9/14/2022 QPR training at wright county 10:00-11:30 rsvp was required, registration is on the CAMHI webpage, but you can show up as likely will be room for those to attend
5. Unmet Needs and Possible Solutions Discussion
 - a. Increase in homelessness within Wright County, rising concerns due to limited housing for these individuals
6. Action Items
 - a. Service provider presentations – Brief overviews
 - Dan Schaeppi with MN Adult and Teen Challenge
 - (a) PowerPoint presentation
 - (b) 2020/21 Voted one of the Best Addiction Treatment Center
 - (c) Plans to open more programs statewide

- Jode Freyholtz-London with Wellness in the Woods
 - (a) Transforming wellness into reality
 - (b) 10th anniversary in March 2023
 - (c) www.mnweitw.org
 - (d) Peer Support Connection MN Warmline 1-844-739-6369, available 5pm-9am 7 days a week, 365 days a year – this is not a crisis line.
 - (e) Virtual Peer Support Network (VPSN)
 - (f) Mental Health First Aide (MHFA)
 - (g) QPR – Question, Persuade, and Refer
 - (h) For special events, review webpage: www.mnweitw.org
- 7. Information Sharing/Other
 - a. CMMHC St. Cloud and Elk River, same day assessments on Tuesday and Thursday
 - b. Sara B. 4 county Crisis Response Team
 - Moved to new building, if questions or would like a tour, reach out
 - 9 beds available for crisis beds
 - c. Street Party of Hope – Downtown Buffalo
 - Street Party of Hope and Buffalo Strong are joining to make one large event, 9/15/2022 downtown Buffalo. 4:00-9:00, activities, food, opportunities for connecting with community
- 8. Sam Apollo Counseling Inc to present at November meeting
- 9. Joycelyn encourages everyone to write to/contact their legislature about funding
 - a. Will bring NAMI info to the next meeting in November

Motion to adjourn made by Mark D., second by Sandy G., motion carries. Meeting adjourned 3:35 pm.