



Minutes

Mental Health Advisory Council
Tuesday, November 08, 2022, 2:30, Zoom

Attendees:

Members:	☒ Carl Harju	☒ Sandra Greninger
☒ Cathy Elfstrand	☒ Dallas O'Dell	☒ Tammi Dahlman
☒ Stephanie Barnes	☐ Breanna Heintzelman	☒ Joycelyn Alexander
☐ Caroline Malone	☐ Commissioner Mark Daleiden	*= excused absence
☐ Bradley Gangnon		

HHS Staff Attendees: Tarynn Anderson, Gretchen Backer, Michelle Miller, Diane Erkens, Jill Pooler

Other Attendees: Sara Blanchette, Bethany Oberg, Hannah Ruth-Patterson, Jacob Hunt, Jordan Alabase, Jennifer Jiang

1. Welcome and Introductions
 - a. Introduction
2. Approval of the Agenda (any additions)
 - a. No quorum – cannot approve
 - b. No additions to agenda
3. Approval of MHAC Minutes from 09/13/2022
 - a. No quorum – cannot approve
4. Sub-committee reports
 - a. MAPP – Public Health Representative
 - b. Suicide Prevention Grant Update – Keith B.
 - No Public Health representative in attendance
5. Unmet Needs and Possible Solutions Discussion
 - a. MHAC will present to the Board in February 2023, who is willing to present to the board the compiled list of unmet needs the committee has come up with in 2022
 - Second Monday of February 2/13 at 1:30, 1st floor of new Government Center Board Room
 - Joycelyn Alexander volunteers to present to the board
 - (a) Gretchen to email list compiled from 2022 to Joycelyn
6. Action Items
 - a. Service Provider Presentations (If anyone would like to share their programs)
7. Information Sharing/Other
 - a. QPR Training
 - November 28th at 11:30-1:00, Wright County Government Center Conference Room 1103
 - b. Safe Talk Training
 - December 14th at 8:30-12:00, Wright County Government Center Conference Room 1103
 - c. NAMI – Joycelyn Alexander
 - Bills are being composed currently
 - (a) Need to be written by December
 - (b) Presented to legislature in January
 - Joycelyn to send information to Gretchen to distribute to group
 - d. CMMHC – Stephanie Barnes

- 3 new clinicians have started and have a few more to hire in the next few months
 - (a) Hoping to see an increase in openings for therapies with an increase in staffing
- e. Blue Plus – Jennifer Jiang
 - Blue Plus incentive program. Eligible members can receive up to 75 gift cards for seeing their doctors and getting regular check-ups. Mental health incentive – if members attend a follow-up MH appt. after inpatient stay due to a mental illness within 7 days of discharge, they will be eligible to receive a gift card (telehealth is okay)
 - Blue Plus has added a new provider called YourPath to provide medications for Opioid Use Disorder and Substance Use Disorder services including comprehensive assessment, Medication Assisted Therapy, care coordination, peer support, individual and group therapy. YourPath provides online, on demand and member-driven care, and they see patients virtually across the state. Feel free to refer Blue Plus members to YourPath as an option for SUD treatment and services. [BCBS — YourPath \(yourpathhealth.org\)](https://yourpathhealth.org)

No quorum cannot make motion to adjourn meeting. Meeting ends at 3:15 pm.