

Minutes

Mental Health Advisory Council

Tuesday, May 9, 2023, 2:30 – 4:30 pm, Meeting Via ZOOM

Members:	☒ Carl Harju*	☒ Sandra Greninger*
☒ Cathy Elfstrand*	☐ Dallas O'Dell*	☐ Tammi Dahlman*
☐ Stephanie Barnes* Exc.	☐ Breanna Heintzelman* Exc.	☒ Kaylee Knight*
☒ Caroline Malone*	☒ Bradley Gangnon*	☐ Commissioner Jeanne Holland
☐ Christine Morris*	☐ Kelly Hildre*	☐ Mark Daleiden*
☒ Shauntel Fett*	*=MHAC Member (15 Members) <i>(Need minimum of 8 for quorum)</i>	

HHS Staff Attendees: Gretchen Backer, Tarynn Anderson, Diane Erkens, Keith Bennett, Sarah Dearhamer, Jill Pooler

Other Attendees: Sara Blanchette (4 county crisis), Krissy Eich, Bethany Oberg, Laura Duhn, Halie Gudmonson

1. Welcome and Introductions
 - a. 1 new member
 - Introductions:
 - i. Kaylee Knight
 - ◆ Community member who has lived experience, thank you Kaylee for sharing!
 - b. 2 previously approved new members – hold for next meeting
 - Introductions:
 - i. Mark Daleiden
 - ii. Kelly Hildre
 - c. Resignation
 - Joycelyn Alexander sent resignation notice from MHAC on 03.22.2023
2. Approval of the Agenda (any additions)
 - a. No quorum at meeting – unable to approve agenda
3. Approval of MHAC Minutes from 03/14/2023
 - a. No quorum at meeting – unable to approve 03/14/2023 minutes
4. Sub-committee reports
 - a. MAPP – Public Health Representative
 - All info regarding MAPP is on Wright County Public Health webpage
 - b. Suicide Prevention Grant Update – Keith B.
 - 8 Suicide Prevention Trainings so far in Wright County in 2023 with roughly 80 participants
 - i. 2 more courses being offered later in May
 - ◆ QPR: May 24 at Wright County Government Center
 - ◆ Counseling on Access to Legal Means (CALM): Virtual meeting via Zoom
 - (i) Suicide prevention training must be done prior to this training

- Grant ending on June 30, 2023, Wright County did not get grant to extend beyond June 30, 2023. State encouraged Wright County to apply on a larger group grant and have sent a letter of commitment for this national grant. The state will apply for this grant through SAMHSA. More to come.
5. Unmet Needs and Possible Solutions Discussion
 - a. No homeless shelters in Wright County
 - b. Affordable housing
 6. Homelessness presentation – Sarah Dearhamer
 - a. Seeing an increase in homelessness in Wright County
 - Seeing common factors causing homelessness:
 - i. Divorce
 - ii. Domestic violence
 - iii. Loss of jobs
 - iv. Mental Health concerns
 - v. Etc.
 - 144 SNAP recipient households reported as homeless on January 25, 2023 in Wright County
 - 32 kids currently homeless in the Monticello Schools
 - b. Starting a Homelessness Committee and looking for people to be involved with this group. If interested, reach out to Sarah D.
 7. Discussion of how our committee is enhancing support for people with mental health needs in our community – *Jill Pooler requested to move this topic to July meeting*
 8. Meeting structure discussion – *Jill Pooler requested to move this topic to July meeting*
 - a. Virtual/in person/hybrid format
 - b. Frequency of meetings
 - c. Time and date
 - d. Frequency of attendance required
 9. Action Items
 10. Information sharing
 - a. Brad G. brings up thought to create a survey regarding how the community wants crisis calls to be handled versus calling 911.
 - b. Keith Bennett discusses the flow chart that Wright County is making to help someone logistically pick which support/service they may need in a mental health crisis. Partnering with Allina Hospital and outside providers. Keith is available for more questions as they arise.
 - c. Further discussion amongst the group regarding the co-responder pilot between Wright County Social Services and Wright County Sheriffs Department.
 - Co-responder program looking to start mid-June 2023
 - i. Looking at 2 days a week for 16 hours total
 - d. Keith Bennett is able to provide a link for mental health trainings offered throughout the state
 - e. Halie Gudmonson is a housing specialist through UCare – Sarah Dearhamer to follow up with UCare
 - f. Bethany Oberg mentioned the Lincoln Center Shelter is being forced to close their doors as of Thursday 05.11.2023
 - g. Brad G. to send a hardship form to Sarah D. for the expungement process to get things removed from their records in effort to get people into stable housing
 - h. Bethany Oberg to email Gretchen B. a training schedule to forward out to the group, along with a few other items. CAMHI has radio advertisements going currently through the end of the year.
 - i. Carl Harju – Poverty Simulation / discussion taking place at WCCA on 05.11.2023

- j. Sandy G. applied to United Way for a 10k mental health grant to help children with appointments