

Minutes

Mental Health Advisory Council

Tuesday, May 14, 2024, 2:30 – 4:30 pm, GC 1105

Attendees:

Members:	☒ Cathy Elfstrand*	☒ Sandra Greninger*
☐ Bradley Gangnon*	☒ Commissioner Jeanne Holland *	☐ Shauntel Fett*
☒ Breanna Heintzelman*	☒ Kirk Wulf*	☒ Shirwa Adan*
☒ Carl Harju*	☒ Mark Daleiden*	☒ Tammi Dahlman*
☐ Caroline Malone*	(E) = Excused	(Need minimum of 7 for quorum)
	(A) = Absent	*=MHAC Member (12 Members)

HHS Staff Attendees: Kelsey Altepeter, Tarynn Anderson, Diane Erkens, Joel Torkelson, Jill Pooler

Other Attendees: Bethany Oberg – CAMHI, Faith Brody– Nystrom and Associates, Hannah Ruth Patterson– Rivers of Hope, Krissy – Functional Industries, Sara Blanchette - 4 Cty Crisis response team, Sten Wall – HealthPartners, Michelle Luehring – Ucare, Liza Davis – Greater MN family services,

1. Welcome and Introductions
2. Approval of the Agenda (any additions)
 - a. Cathy wanted to add to agenda – accepting or if anyone would like to join the “Group”. Diane advised that the application is on the public [website](#), scroll down to Mental Health Advisory Council.
 - b. Tammi moved, Cathy second – agenda was approved.
3. Approval of MHAC Minutes from March
 - a. Tammi moved, Breanna second – approval of MHAC minutes from March.
4. Recap of the Unmet Needs presentation to Board May 7th – Mark D.
 - a. Diane recapped – everything went well with not a ton of feedback or questions from the Board.
5. Discuss the MHAC schedule moving forward – Carl H.
 - a. Quarterly requirements per statute -
 - i. Carl asked if everyone would like to change the schedule to just quarterly. Sandy advised that she is good with the change. March, May, Sept, and Nov. would be the new schedule. Carl advised that we would be cancelling June and July even without quorum. Carl advised that if something needed to be addressed right away that they could do a quick virtual meeting.
 - b. Sandy moved to approve of March, May, Sept, and Nov – Jeanne Second. New schedule was approved.
6. CommUNITY Adult Mental Health Initiative (CAMHI) – Bethany Oberg, Coordinator
 - a. Presentation and discussion
 - i. Adult Mental Health Initiative – Benton, Sterns, Sherburne, Wright counties. CAMHI History, AMHI regions in the state, what makes up CAMHI (Joint Powers Board, Ex-Officio Group, Initiative Coordinator, Advisory Committee), CAMHI

Services, CAMHI Website (www.mnmentalhealth.org), CAMHI Funding and Budget, Increase in funding by 149%, Looking forward – possibility of expanding services.

- ii. Any questions on the initiative or brainstorming ideas – Cathy asked if there was a glossary for all the acronyms. Bethany advised there is one at the back of the resource guide (available on the website and in print). Bethany advised some initiatives are not receiving an increase in funding. Bethany advised no one will be losing funding. Sara B brought up some services that she thought would be good (affordable daycare, openings for daycare (to allow a person to return back to work), Bethany advised that there are certain brass codes that dictate how funding can be spent.
7. Greater MN Intensive In-home Services – Tarynn Anderson, Liza Davis (Greater MN Family Services)
 - a. Discussion
 - i. Tarynn and Liza Davis from Greater MN Family Services presented on the intensive in-home family services partnership with Greater MN and Wright County. Liza discussed the partnership offers an increase in salary for an intensive in-home staff that helps recruit quality staff, retention, and the hope is to prevent out of home placement. Intensive in-home skills staff meets with the family 2-3 times per week and offers on-call services for the family. Greater MN has expanded to more counties in MN. Tarynn advised how much of a blessing Melissa has been with all of Wright Counties families she works with. Melissa meets with the Youth Services team monthly for case consultation. Sandy asked if Greater MN Family Services would be available community based. Liza advised that Sandy and she could discuss further and provided her contact information. Tarynn asked if there were any other topics for the “kids” world that would be helpful. Carl advised that any topic is helpful as the kids will grow up to be adults in the community that may need services down the road.
8. Sub-committee reports
 - a. Homelessness Task Force Committee renamed Housing Workgroup – Joel T.
 - i. Housing workgroup meets monthly. Presenter in April was Acorn Services out of St. Cloud. Most of the group had attended the CAMHI Housing 101 training. Discussed a housing resource day in the fall potentially, will gather information from Project Connects in the area. Received a grant in the spring for a potential position to post for just housing.
9. Unmet Needs and Possible Solutions Discussion
 - a. Presented annually to the County Board
 - i. Affordable daycare and openings. Carl advised that if anyone has any other ideas to let the group know.
10. Action Items
 - a. Email from Keith about Covid recovery. Proposals are due May 31st, 2024, by 4:00 P.M.
11. Information Sharing
 - a. Bethany mentioned upcoming trainings. May 23rd Brian Piatt presenting on Anxiety and OCD. Can register via CAMHI website. June 5th SafeTalk training from 8 AM – 12 PM. Can sign up but if all spots are full to reach out to Bethany and you’ll be added to a waitlist. Can Register via CAMHI website. RFP was released and the cut off is June 14th. Listed in the News section on the CAMHI website.

- b. Krissy with Functional industries. – Wildflower seeds for Mental Health Awareness month. Passed out to the group and would put out at the display table in the front lobby of the Government Center.
- c. Hannah Ruth with Rivers of Hope – Granted proposal for victims of domestic violence. Can give Rivers of Hope a call to see if a person qualifies.
- d. Michelle L – Ucare will pay for GED. Brought hard copies and will send out a link. Individuals 18 and above and waivers for those 17 and under.
- e. Sandy – FYCC will be doing a few things in the community for Mental Health Awareness. If anyone wants to go out to the building to give Sandy a call. Myfycc.com to find the dates available. Bring your own table.
- f. Sten HealthPartners – Make it OK did a website revamp, several trainings available. As well as a YouTube channel.

Meeting Adjourn at 3:44 P.M.

****Next MHAC meeting: Tuesday, Sept 10th, 2024****