

Attendees:

Members (marked box indicates Present):

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| ☒ Ann Bajari | ☒ Dr. Jennifer Ray-Mader |
| ☒ Bonita Bryant (Vice Chair) | ☒ Dr. Kim Tjaden |
| ☐ Brad Gangnon (Absent) | ☐ Linda Carlson (Excused) |
| ☒ David Nelson | ☒ Mark Daleiden |
| ☒ Emmanuel Ngabire | ☒ Marlene Kittock |
| ☒ Jacquelyn Bergo | ☒ Melissa Pribyl |
| ☐ Jamie Stang (Excused) | ☐ Mona Volden (Absent) |
| ☒ Jeanne Holland | ☒ Toni Seroshek (Chair) |
| ☒ Jim Schnackenberg | |

HHS Staff Attendees:

Casey Henre	Kelsey Collier
Joel Torkelson	Patty Malecek
Jon Young	Sarah Grosshuesch
Keith Bennett	Tina Prior

Guests/Other:

Brianna Marshik	Laura Sturos
Clare Pfannenstien	Pooja Bashet
Emma Janu	Reilly Cencer
Kendra Kuechle	

1. Call to Order—The meeting was called to order at 9:01 a.m. by Chair, Toni Seroshek
2. Introductions were made.
 - a. Welcomed Tina Prior, new Public Health nurse.
3. Approval of the Agenda and the May minutes
 - a. Motion to approve May minutes and the agenda by Jeanne Holland, second by Melissa Pribyl.
 - b. Vote-All members approve of Agenda and Minutes.
4. Presentation and Discussion Items
 - a. Suicide Prevention-*Keith Bennett*
 - (a) Using What We Learned
 - ◆ Community Health Assessment and Secondary Data
 - ◆ Community Input
 - ◆ Community Health Improvement Plan Advantage
 - (b) MN Well-being

- ◆ We are all part of a community, living in a shared environment. Well-being encompasses the physical, mental, and social dimensions of these interactions. To build and sustain optimal well-being for everyone, SHIP supports projects where people can feel that they belong, that they are safe, seen, and valued.

(c) Priority Area: Mental Health and Wellbeing

- ◆ Goal:
 - (i) Provide education on activities that promote mental health and build resiliency skills.
- ◆ Objectives:
 - (i) Conduct at least one focus group with adults and/or youth focused on mental health and wellness by December 31, 2025.
 - (ii) Increase the percent by at least 5% of youth respond Often or Very Often to the question “When you spend time doing activities outside of the regular school day, how often do you develop trusting relationships with adults? By December 31, 2025.
 - (iii) Decrease the rate of adult suicides in Wright County from 13 to under 10 suicides a year by December 31, 2025.
 - (iv) Decrease the percentage of respondents that answer they Forgone Mental Health Care during the past 12 months from 15% to 12% in the Community Health Assessment by December 31, 2024.
- ◆ Activities:
 - (i) Firearm safety-gun lock boxes
 - (ii) Social Emotional learning in schools
 - (iii) Resiliency skill building
 - (iv) Suicide Prevention Trainings
 - (v) SHIP-social connections and trauma informed (to promote well-being and resiliency) 2022-2026
 - (vi) Creating opportunities for social connection, participating in community groups and events
 - (vii) School mental health forums
 - (viii) Community Mental Well Being Partnerships
- ◆ To Support Change-in improving the mental health in Wright County, we would need to see an expansion of mental health insurance coverage, increase reimbursement rates for providers, add equitable language in mental health messaging, and promote workplace policy on recognizing mental health concerns and how to respond.

(d) Leads to The Community Based Suicide Prevention Coalition Grant

- ◆ Call for proposals by the Minnesota Department of Health in 2023
 - (i) Aimed at addressing community-based suicide prevention within the state.

- ◆ To develop and assess a comprehensive suicide prevention model within a specific community facing high needs and risks.
 - ◆ Wright County Workplan
 - (i) Encompassing trauma-informed care.
 - (ii) Prevent access to lethal means.
 - (iii) Providing education on suicide prevention.
 - ◆ \$400,000 over four years (2024-2028)
 - (i) This money will help pay for Keith's position as well as trainings, promoting trauma-informed policy work and firearm safety just to name a few things.
 - ◆ Hosting onboarding this month (June 2024) for grantees.
- b. Child & Teen Checkup (CTC)-*Patty Malecek*
- What is it?
 - (a) A federal program that provides comprehensive health care and dental services for children under the age of 21 who are eligible for Medicaid.
 - (b) Goal: "Creating and improving health throughout the state of Minnesota. Well-child health care and preventive screenings support the mission and goals of healthier Minnesotans. Health in early childhood can have a big impact on helping families to create their own healthy futures."
 - The Benefits
 - (a) Insurance Incentives (Health Partners, Medica, Blue Plus, UCare).
 - (b) Assistance finding medical and dental providers, specialty care, transportation, and interpreter services.
 - (c) Reminder letters for wellness visits.
 - (d) Introduction and referral phone calls.
 - Insurance Benefits
 - (a) Doula coverage for any MA member.
 - (b) Free breast pump.
 - (c) Free car seat with Wright County.
 - (d) UCare MOMS program.
 - (e) Gift card rewards with select health plans.
 - Community Dental Care has been a great partner
- c. Community Health Survey-*Joel Torkelson*
- Background
 - (a) As part of our Community Health Assessment process, we have conducted surveys every three years since 2012.
 - ◆ Started because of a grant requirement through SHIP.
 - (b) Random sample mailed survey to Wright County adults.
 - ◆ Cost was approx. \$30,000.

- ◆ Response rate average was 20%.
 - (c) Have been wanting to offer an online survey option since our last survey in 2021.
 - (d) Offering a local survey is important because:
 - ◆ It helps us monitor behaviors among adult population.
 - ◆ Informs programmatic work.
 - ◆ Gathers opinions from the public on a number of topics.
 - ◆ Compliments the secondary data we use as part of our larger assessment process.
 - (i) Census data
 - (ii) Electronic Health Records
 - (e) In April, CentraCare let us know that Benton, Sherburne, and Stearns would be implementing an online community health survey this summer. (via – Survey123).
 - (f) There was mutual interest to partner in offering a survey online during the same time frame.
 - (g) In years past we have only done mailed surveys.
 - (h) Conversations continue with CentraCare and Peggy at Sherburne to coordinate efforts.
 - Review of Tentative Timelines
 - (a) Finalize survey questions – early July.
 - (b) Launch online survey – by August 1st.
 - (c) Survey available for eight weeks.
 - (d) Survey closed, data available – November 2024.
 - Other Considerations
 - (a) Because we are planning for an online, convenience sample survey—this data can't be compared to our previous random sample mailed surveys.
 - (b) Assuming we move forward with a convenience, online survey format in the future, it is really important that this initial survey is asking the questions we need. So, we can do comparison with future surveys.
 - (c) The Electronic Health Records data we now have access to—wealth of data, some similar to questions we asked on previous surveys.
5. New Business
 - a. None.
 6. Old Business
 - a. None.
 7. Other
 8. Agenda Items for the next meeting, August 12, 2024
 - a. Immunizations
 - b. SHIP
 - c. CHIP/CHA

- d. Marijuana
- 9. Adjourn
 - a. Motion to adjourn by Jeanne Holland, second by Dave Nelson.
 - b. Adjourned at 10:04 a.m.

pl/sg