

Minutes

Mental Health Advisory Council

Tuesday, September 10, 2024, 2:30 – 4:30 pm, GC 1105

Attendees:

Members:	☒ Commissioner Jeanne Holland *	☐ Sandra Greninger* U
☒ Breanna Heintzelman*	☒ Kirk Wulf*	☐ Shirwa Adan* U
☒ Carl Harju*	☒ Mark Daleiden*	☐ Tammi Dahlman* E
☐ Caroline Malone* U	☒ Mikki Northuis*	(Need minimum of 7 for quorum)
☒ Cathy Elfstrand*	(E) = Excused	*=MHAC Member (11 Members)
	(U) = Unexcused	

HHS Staff Attendees: Jill Pooler, Michelle Miller, Tarynn Anderson, Gretchen Backer, Keith Bennett, Jill Pooler, Joel Torkelson

Others: Bethany Oberg, Brandon Pellaton, Sten Wall, Brienne Elstad, Faith Rodhe, Michelle Luehring, Brandon Pellaton, Stacy Doyle

1. Welcome and Introductions
2. Approval of the Agenda (any additions)
 - a. Added Brandon Pellaton
 - b. Mark D. moved to approve agenda with addition, Cathy E. second, motion carries, agenda approved
3. Approval of MHAC Minutes from May
 - a. Mark D. moved, Commissioner Holland second, motion carries, minutes approved
4. MHAC Schedule
 - a. Quarterly requirements per statute -
 - i. Meeting months going forward are March, May, September, and November
5. New Member Introduction and MHAC resignations:
 - a. New Member:
 - i. Mikki Northuis
 1. Parent of youth in children mental health system
 - ii. Two other pending applications
 1. Natalie McClory – approved 09.10.2024
 2. Angela Lamarche – approved 09.10.2024
 - b. Resignations:
 - i. Bradley Gangnon
 - ii. Krissy Eich
6. Sub-committee reports
 - a. Housing Workgroup – Joel T.
 - i. Representatives from MHAC, and other county committees.
 - ii. Community Connect Event, 10.17.2024, event will be in Big Lake
 1. Flyer will be created

- iii. Please come to the committee meetings, 1st Tuesday of the month, 1-hour meetings with service providers in the community
- 7. Unmet Needs and Possible Solutions Discussion
 - a. Carl recaps that once a year, this committee presents to the county board of commissioners with unmet needs that were compiled over the year of meetings. Commissioners like to see possible solutions to the needs as well.
 - b. Michelle M. mentions a children version of the Adult Mental Health Initiative is in the works – more to come
 - c. Mikki N. – Transition from children to adult mental health when a child turns 18, More resources needed for parents/adults who are advocating for their children in the mental health system
 - d. Kirk W. – Lack of transparency between employer/employees and insurance companies on what is covered versus what isn't covered for Mental Health Services/Medications.
- 8. Action Items
 - a. Discuss moving back to in person only committee meetings
 - i. Other county committees have gone back to in person only versus hybrid style
 - ii. With a decrease in the number of meetings, should the committee meet in person? (4 total meetings annually)
 - b. MHAC will continue with hybrid meeting option moving forward
- 9. Information Sharing
 - a. Brandon Pellaton - Village Ranch
 - i. Worked with CentraCare for 10 years and was on MHAC Committee for many years, now working at Village Ranch
 - ii. [Village Ranch](#)
 - 1. Residential Group Homes
 - a. Cokato
 - b. Annandale
 - c. Rochester
 - d. Hutchinson
 - 2. Residential programs, Foster Care programs, Outpatient programs, Family Focus programs
 - b. Bethany Oberg – CAMHI
 - i. Approved budget for 2025, happened in July.
 - 1. Increase in funding for 2025, 149% increase in budget
 - 2. Looking to add new things in the budget for the CAMHI area
 - a. Benton, Stearns, Sherburne and Wright County Minnesota
 - 3. Community Advocates has open positions – but no Wright County openings
 - 4. Housing Vouchers hope to increase to 28-30 vouchers for the year
 - 5. Trainings
 - a. QPR, 09.10.2024
 - b. QPR online training, 09.17.2024- can go to webpage and find all trainings and registrations
 - c. Suicide Prevention on Lethal Means
 - i. All info can be found online
 - d. Offering trainings online and in person in hopes of reaching more people

- e. You can “get connected” and add your email to be notified of upcoming trainings by going to mnmentalhealth.org
- c. Keith B. – Wright County Public Health
 - i. Street Party of Hope
- d. Breanna H. – Bridging Hope Counseling
 - i. 5 free mental health services from proceeds from the Street Party of hope
- e. Michelle Miller – Wright County
 - i. County Safe School Meetings coming up
 - 1. Mental Health remains to be the topic of these meetings
 - 2. Looking to provide each school with a packet of how to get services and provide mental health resources
- f. Cathy Elfstrand – Maple Manor
 - i. Co responder compliment – Cathy used the co-responder team and was very impressed with the service provided

Motion to adjourn by Mark D., Commissioner Holland second, motion carries, meeting adjourned at 3:40 pm.